



UNION DES FEDERATIONS AFRICAINES DE KARATE (UFAK)

UNION OF AFRICAN KARATE FEDERATIONS (UAKF)

**Affiliated
to**

**World Karate Federation (WKF)
Supreme Council for Sport in Africa (SCSA)
Union of African Sports Confederation (ICSA)
Association of National Olympic Committees of Africa (ANOCA)**

CONTINENTAL TECHNICAL COMMISSION

KATAS LIST FOR CADETS-JUNIORS-SENIORS

SHOTOKAN KATAS			
BASSAI DAI	JITTE	CHINTE	
BASSAI SHO	EMPI	UNSU	
KANKU DAI	GANKAKU	MEIKYO	
KANKU SHO	JION	WANKAN	
TEKKI SHODAN	SOCHIN	JIIN	
TEKKI NIDAN	NIJUSHIHO SHO		
TEKKI SANDAN	GOJUSHIHO DAI		
HANGETSU	GOJUSHIHO SHO		

WADO-RYU KATAS			
KUSHANKU	JION		
NAIHANCHI	JITTE		
SEISHAN			
CHINTO			
PASSAI			
NISEISHI			
ROHAI			
WANSHU			

GOJU-RYU KATAS			
SANCHIN	SUPARIMPE I		
SAIFA	TENSHO		
SEIYUNCHIN			
SHISOCHIN			
SANSERU			
SEISAN			
SEIPAI			
KURUKUNFA			

SHITO-RYU KATAS			
JITTE	KOSUKUNSHO	NAIFANCHIN NIDAN	KURURUNFA
JION	KOSUKUNSHIHO	NAIFANCHIN SANDAN	SUPARRIMPE I
JIN	CHINTO	AOYAGI (SEIRYU)	HAKUCHO
MATSUKAZE	CHINTE	JYUROKU	PACHU
WANSHU	SEIENCHIN	NIPAPO	HEIKU
ROHAI	SOCHIN	SANCHIN	PAIKU
BASSAI DAI	NISEISHI	TENSHO	ANNAN
BASSAI-SHO	GOJUSHIHO	SEIPAI	ANNANKO
TOMARI BASSAI	UNSHU	SANSEIRU	PAPUREN
MATSUMURA BASSAI	SEISAN	SAIFA	CHATANYARA KUSHANKU
KOSUKUNDAI	NAIFANCHIN SHODAN	SHISOCHIN	

